Curriculum Vitae Susan Mary Parker Hall 'Sue'

Relevant Qualifications

1995: Advanced Integrated Diploma, The Iron Mill

1997: BA (Hons), Social Sciences, The Open University

1999: PGCE, UOPlymouth

2005: MSc, Counselling Training and Supervision, UOBristol,

2010: CTA (Psychotherapy), Working Together, Cornwall

2012: EMDR practitioner training (levels 1,2 &3), Alexandra Richman, Bodmin

Psychotherapy Centre, Cornwall

Professional Bodies

1994: British Association for Counselling and Psychotherapy (Snr Accred)

2010: United Kingdom Council for Psychotherapy

Employment

1995 to date: psychotherapist, counsellor, supervisor (individual and groups) in private practice, freelance trainer

1998 – 2000: Cornwall Women's Refuge Trust, Truro, Cornwall, the counselling lead and volunteer counsellors co-ordinator, advisor to management and committee on psychological wellbeing of residents and staff.

1999 – 2012: Lecturer and programme manager on Person-Centred Certificate, Diploma and degree in Counselling (UoPlymouth validated).

2001 – 2003: Primary Care Counsellor, Illogan Surgery, Redruth, Cornwall

2001 - 2006: Cornwall Youth Service Counselling Service, volunteer counsellors coordinator and Supervisor

2002 – 2014: Counsellor for Homeless, Health for Homeless: Cornwall Partnership 2005 to April 2024: Clinical Supervisor and occasional trainer of Young Persons Substance Misuse, Affected Others and Mind and Body Programme (addressing self-harm in schools) support workers, YZUP, We Are With You (formerly Addaction), Truro

2019 – 2020: Lecturer, Certificate in Post-Cult Counselling, Hope Valley Counselling, Derbyshire

Training Delivery

2000 - date; delivering Anger, Rage & Relationship, Working with Shame, and Grief: the Gateway to Transformation CPD trainings for counselling and psychotherapy practitioners; delivered independently, to training institutes, voluntary organisations and latterly for Juliet Grayson, Couples Therapy, Training, Personal Development and PBSP Psychotherapy.

Voluntary Work

(limited for personal reasons)

September 1995 to December 1997: Counselling placement at Cornwall Women's Refuge Trust, Truro, Cornwall

2000 to date: a pro bono space in my private practice

October 2006 to 2017: secretary of Sailaday OK, a marine based adventure sailing charity for recovering addicts

July 2021 to date: Differently Aware Psychological Therapists introductory workshop and weekly 1 hour long support groups (online). A group that supports independent thinking, is critical of the global mono-narratives of the mainstream media, and the embedding of political ideology in media, education, health and business.

July 2021 to July 2022: World Council for Health - Mental Health Committee (a better way to better health). Weekly 2 hour long meetings and occasional presentations on the theme of emotional wellbeing, and use of the use of psychological 'nudging' techniques during Covid-19.

August 2021 to April 2022: a podcast series entitled 'ManMaid' which promotes a positive view of masculinity.

Personal Statement

With 28 years of experience in psychotherapy, counselling, supervision, training programme development and programme management, I bring extensive organisational and leadership expertise to the role of Chair in a national psychotherapy organisation. My career is defined by a commitment to maintaining high standards while fostering innovation, collaboration, and inclusivity.

As a programme manager, I developed and evaluated person-centred counselling qualifications at all levels, overseeing recruitment, audits, external examiner liaison, and conflict resolution. At Cornwall Women's Refuge Trust and Cornwall Youth Service Counselling Service, I led teams, managed volunteers, and advised on psychological wellbeing, demonstrating my ability to balance operational efficiency with care for both staff and clients.

As a freelance trainer, I have delivered CPD programmes such as Anger, Rage & Relationship, Working with Shame, and Grief: The Gateway to Transformation, showcasing my ability to create evidence-based curricula and equip practitioners with practical tools. My contributions to the field include presentations at international conferences and voluntary roles with organisations like the World Council for Health and Sailaday OK, reflecting my dedication to advancing psychological wellbeing.

As Chair, I would foster collaboration, transparency, and professionalism within the board and organisation. Grounded in reflective practice and ethical integrity, my leadership will empower teams, support members, and ensure decisions align with the organisation's mission. My experience navigating complex challenges, combined with my passion for psychotherapy, equips me to lead with vision and integrity.