Georgina Beadon Ekers

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EMPLOYMENT

Senior Psychotherapist and Lead for the South East Essex Trauma Alliance – Essex Partnership University Trust: Aug 2023 – Present
I strategically support 34 teams and organisations on their journey to becoming trauma informed, offering training, reflective practice for teams as well as development plans. I founded and convene the national Trauma Informed Systems Community of Practice which has over 100 members and is working to create an ask of national government for all public services to be trauma informed.

Triage Lead and Psychotherapist, Here for You Service – Essex Partnership University Trust: Aug 2022 – Aug 2023
Psychotherapist providing assessment, one to one sessions, group sessions for teams and training staff on relevant systems. Line manage, deliver Serious Incident Debriefs for teams in health and social care sector and in the charity sector.

Mental Health Commissioner – Mid and South Essex ICS: Aug 2019 – August 2022
MSE system lead for employment support, Perinatal MH, Rough Sleeping and MH Inequalities. Commissioned primary care mental health workforce & global majority mental health group which was then adapted to be the working group for our system, amongst other commissioning successes. Started the MSE Women's Group for Mid and South Essex.

Originally in integrated team with Southend Council commissioning council led initiatives such as the strategic and operational elements of Southend's sex working workstream. Lead, managed and delivered significant change projects involving stakeholders such as the South East Essex Trauma Alliance. Managed a portfolio focusing on 'complex needs' spanning high intensity users, rough sleeping, personality disorder, dual diagnosis etc. Formed and Chaired both national meeting for clinicians working with rough sleepers and the South East Essex Mental Health Partnership Forum.

Person-Centred Psychotherapist - Private Practice and pro bono work: 2010 - 2021
Full member of the UKCP. Delivered one-to-one Psychotherapy, predominantly in the field of trauma. Worked with all age ranges with various needs such as substance misuse, eating disorders, psychosis, those in sex work; 'Personality Disorder and Complex Needs'.

Partnerships Manager for London and the South East - Making Every Adult Matter (MEAM) coalition - National Mind: Nov 2017 - August 2019
Strategic Consultant in eight local areas across London and South East as well as nationally, supporting progress in fidelity to our service model- systems change and quality improvement role. National Mental Health Lead for the project. Organised and facilitated at national and regional conferences and delivered training on trauma informed approaches, systems change, dual diagnosis etc. Started Community of Practice for psychological practitioners working with rough sleepers.

Services Manager - South East and Central Essex Mind: Aug 2015 - Nov 2017
Line Managed four middle managers who were responsible for 12 staff and 25 volunteers across various services such as BAME outreach, peer support, supported accommodation, information and advice and counselling for adults and CYP in schools. Acted as strategic lead with key commissioners and funders such as CCGs, councils, the lottery etc. Initiated, delivered and gained further funding for Trauma Programme. Developed successful bids and tenders for services, performance monitoring, managing budgets. Gave one-to-one psychotherapy with clients.

Health Outreach Keyworker - Southend Storehouse: Sep 2014 – October 2015
NHS/CCG funded position to support people rough sleeping with their health and mental health. Headed outreach group to women selling sex. Acted as advocate for the needs of our service users. Initiated and lead first Sex Worker outreach for Southend

Course Team Leader and Lecturer, South Essex College of Further and Higher Education: Sep 2013 – Aug 2014:
Course team leader for Access to Social Studies course. Line managed tutors on the course. Lecturer on several degree programmes; delivered modules on: Social Policy and Structured Inequality; Sociology; Feminism; Psychological Theory; LGBTQI+ counselling; CYP counselling; Counselling Philosophy. Have since been a regular guest lecturer on several Essex University degrees such as Social Work. Responsible for two tutor groups; delivered extra curricular conferences and trips and supported 10 dissertation students

VOLUNTARY WORK

- Director of Trustees: Southend-on-Sea Domestic Abuse Project, 2016 - 2019
- Sex Worker Outreach: Southend Vineyard, 2014 - 2017
- Psychotherapist: South East and Central Essex Mind; Community of Care for Survivors of Torture (Canada); Southend-on-Sea Domestic Abuse Project; pro bono private practice, 2010 - 2021
- Learning Support Assistant for people with Learning Disabilities: Southend Adult Community College, 2008 - 2010

CONFERENCE EXPERIENCE

May 2024: National Multiple Disadvantage Summit 2024 - Clarity and complexity: the reality of systems change – London, UK
1 day conference: Presentation on System stressors: how can we be trauma informed in a traumatised system?

July 2018: WAPCEPC World Conference - Vienna, Austria
2 days of the conference on Societal Challenges and Hope
Presentation: Making Every Adult Matter. Authored follow up article for BAPCA.

August 2017: ADPCA World Conference – Chicago, USA
5 day conference. Presentation on person-centred working with trauma in the UK

EDUCATION

PRINCE2 Foundation Diploma: 2021, Balance Global

Systems Change Basecamp: 2019, School of Systems Change

MSc Contemporary Person-Centred Psychotherapy and its Applications: 2016, Metanoia Institute, London. Research on Psychotherapists' perceptions of social injustice.

Teaching English as a Foreign Language Level 4: 2011, Regents College, London.

Preparing to Teach in the Lifelong Learning Sector (PTLLS) Level 4: 2010, Southend Adult Community College

Information, Advice and Guidance Levels 3 & 4: 2010, White Rose Training

BA (hons) Philosophy (2:1): 2008, Heythrop College, University of London.

REFERENCES