



Role Description

We are looking for two lay Trustees who are passionate about mental health service provision and public protection to join the Board of Trustees. You will become a charity trustee (company director) and ensure that the public interest and charitable objectives run through all that we do. By 'lay' we mean individuals who are not UKCP members or employees and who are not from a health or psychological profession.

This is a particularly exciting time to join the UK Council for Psychotherapy (UKCP) as we will launch our three-year strategy '*Psychotherapy in a changing world*' in the Autumn of 2024. We want to work with you to craft an achievable delivery plan to sit alongside this strategy; the plan will include developing the member experience, a governance review, and preparing for the new employment rights legislation.

Contributing to the Board’s oversight of charitable funds, you will be pivotal in ensuring UKCP demonstrates excellent stewardship of resources, develops its public relations, works agilely, and is sustainable for the future. A corporate governance, employment law, or PR background would be ideal to help steer the Board and the executive through the new strategy.

Title	Lay trustee
Reporting to	UKCP Chair of the Board

Principles of office

These are roles for individuals who are open to new ideas and embrace innovation, are motivational and pragmatic and demonstrate sound commercial and business acumen.

You will enjoy the opportunity to support an important cause with a growing demand for greater choices of high-quality mental health service provision. You’ll work alongside colleagues from diverse backgrounds and collaborate with staff and practitioners. There’ll be scope for professional development and personal reward in running the charity and mentoring the executive. In short, it is an opportunity to make a real difference.

About UKCP

The UKCP is the leading professional body for psychotherapists and psychotherapeutic counsellors. We represent training organisations and over 9,000 individual therapists - working privately or in the NHS or voluntary sector - offering a wide range of psychotherapeutic approaches or modalities.

Our charitable objectives are to promote:

- the art and science of psychotherapy and psychotherapeutic counselling for the public benefit
- research in psychotherapy and psychotherapeutic counselling and to disseminate the results of any such research

- high standards of education, training and practice in psychotherapy and psychotherapeutic counselling
- the wider provision of psychotherapy and psychotherapeutic counselling for the public.

How to apply

Please email your CV and a cover letter **by 5pm on Friday 10 January 2025** , outlining any relevant skills and experience you have to Alex Crawford, UKCP governance manager, at: alex.crawford@ukcp.org.uk