

College of Sexual and Relationship Therapy (CSRP)

Supervision Statement (2019)

NB: this document should be read in conjunction with:

- UKCP Supervision Statement
- UKCP Supervision Standards of Education and Training
- UKCP Practice Guidelines for Supervisors

1. The UKCP Supervision Directory

- 1.1. Those who have undertaken a course that CSRP has agreed meets the UKCP Generic Standards of Education and Training for Supervision, and meet the membership requirements, are automatically put forward to the UKCP Supervision Directory.
- 1.2. Those applying for APL/APEL to the UKCP Supervision Directory would normally be expected to demonstrate that they meet the requirements for attending a CSRP approved course and that the training that they have undertaken meets or exceeds the requirements for a course to be approved. All applications will be considered by the CSRP on a case by case basis.

2. Supervision of Trainees

- 2.1. The requirements for the supervision of trainees can be found in sections 4 and 7 of CSRP Standards of Education and Training (2018).

3. Supervision of Registered Members of CSRP

- 3.1. For the first three years post registration a supervisory relationship must be in place with a supervisor who is normally on the UKCP and/or your organisational members Supervision Directory. It is the joint responsibility of the supervisor and supervisee to determine the appropriate frequency and duration of supervision sessions and the justification of these factors will form part of the registrant's renewal of membership with their organisational member (if they belong to one) or with the College (if they are a direct registrant) and their five yearly re-accreditation.
- 3.2. In the first three years participation in peer support groups is to be encouraged, as a CPD process, but does not replace supervision as above.
- 3.3. Following the first three years of registration the registrant may opt for peer supervision. In this case the responsibility for frequency and duration is held jointly by all members of the peer group and all would be expected to take part in the justification as above. It is recommended that the registrant ensure that their group includes someone with significant experience and preferably a supervision qualification.
- 3.4. Group supervision normally should be on a ratio of a minimum of 30 minutes of supervision per

supervisee.

3.5. The maximum group size normally would be four.

3.6. Registrants must keep records of their supervision that are adequate for the requirements of re-accreditation, any requirements of their Organisational Member (if they have one) and to produce in the case of a complaint against them.